



Parenting Decisions Worksheet

Before you sit down to negotiate, think about what will be best for the children in the following areas:

Day-to-day care and decisions

- How will the responsibility for the care, control, and supervision of the child be shared?

- How will the day to day decisions affecting the child be made?

Week-to-week time arrangements

- Overall schedule and plan for the children’s transition between the parents’ homes

Holidays and special days

- School vacations

- Parents’ vacations with and without children



Health care decisions

- How are the child's health care decisions shared? (Eg. medical treatment, checkups, dental etc)
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Education decisions

- Consultation between parents about any change in school, special educational needs, tutoring, or extracurricular activities
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Communication between parents

- What type of information should be communicated about the children and how should it be communicated?
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- Communication when the child is with the other parent.
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Changes in child care schedule

- What happens if a parent cannot care for a child when scheduled?
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Resolving disagreements

- How will disagreements be resolved? (Be specific).

Other issues

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